



**Turn off
your idling
engine**

IT'S UP TO ALL OF US

Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

Idling is more likely to happen in these locations

They have sensitive age groups, such as children and older people.

You can find out more about air quality by visiting Oxfordshire's air quality website below:

<https://oxfordshire.air-quality.info/>

DON'T SIT THERE IDLE

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

Drivers in Oxford can make some simple changes to improve air quality in the city.



Switch off when waiting or stuck in a jam.



Switch to cycling or walking for local trips.



Switch to a bus or train when you can for longer journeys.



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OXFORD CITY COUNCIL



OXFORD AIR NEEDS YOUR CARE

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How it affects you and others

Excessive idling is a waste of fuel and money, resulting in unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

An idling vehicle emits 20 times more pollution than one travelling 32mph.

For each 1 litre of fuel used by a diesel engine, 2.64 kg of CO₂ is released into the atmosphere.

Children

Children are the most at risk because they:

Have smaller lungs and breathe more rapidly

Spend more time outdoors

Tend to be more active and therefore breathe more deeply

What are the health impacts?

Air pollution from idling cars can lead to:

Increased chance of developing lung cancer

Increased risk of heart disease

Increase in asthma, coughs and bronchitis

